PSYCHIC WARFARE

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PSYCHIC SELF-DEFENSE

CHAPTER ONE

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WHAT IS PSYCHIC ATTACK

ITS NATURE

"Psychic Attack" Is, any negative, destructive or commanding psychic influence that a person forces upon another, consciously or unconsciously.

It is the "Psychic Nature" of the attack that makes it different from other attacks. The most common attack we know of are: psychological. This includes insults, offenses, menaces and domination. The other is physical. The actual hitting, pushing, etc. Psychic attacks can be done with the full knowledge of the person, or without the person knowing they are under attack. We are all under unconscious psychic attack all the time. Any time a person thinks ill of you, they are attacking you. While these attacks do take their toll, it is the conscious and deliberate psychic attack that is the most dangerous.

NATURAL CAPACITY

Everyone has natural psychic abilities. To think about and look at a person, and talk about a person has some effect on them. You are subconsciously trying to influence that person. Any time you are doing any of the above you are making psychic contact with the person. This psychic contact with another person by thinking or direct observation will produce effects to the degree of desire and emotions felt by the person doing the

influencing. Thoughts and desires of sexual and hateful in nature are base emotions of great power that can reach their target quickly with great effect. These RAW emotions act as a DRILL to the other persons mind. While we may not "feel" these on a physical level, these energies are entering our mind with a great amount of power.

It has been proven through research by many experts that hatred and hostility can be transmitted in an unconscious level without intervention by any of the five senses. The power of the mind in an aggressive state, especially under strong desires and emotions, was repeatedly shown to be able to psychically effect others in many ways. Many have thought that this power only worked for good objectives such as, love or to heal. This is not true. Like most forces in the Universe, it can be used to heal or hurt. The ability is neutral. It is up to the operator of this force to decide how to use it. To think that only good or evil is active, is foolish. Both forces are at play at all times. It is your job to stop the negative forces from harming you, and send them back to the person that is attacking you. Hiding your head in the sand, or thinking the world is out to get you, will be of no help at all.

UNIVERSAL PHENOMENON

There are billion of sub-atomic particles that go through our bodies and surround us each day. We are also bombarded by millions of stimuli each day too, but only a small percentage is recognized by us. A great amount of this stimuli is harmful and negative.

Modern life, and the fight for survival has caused the amount of psychic attack in our lives to greatly increase. From what we know now, we can be psychically attacked whether it is day or night, while we are awake or sleep. The time and place has no bearing on the psychic attack. There is no way to hide from psychic attack. There is no place that will protect you from this attack, whether it is a bomb shelter, or an advanced electromagnetic chamber. There are ways of protecting yourself, but there are no places to hide from it. The power of the human mind can penetrate any man made or natural structure. You will be at a persons mercy if you choose to deny the existence of psychic attack.

It is real, believe it, and learn to protect yourself against it on a daily basis.

SYMPTOMS

The only way to tell you are under psychic attack, is to carefully monitor yourself. One of the first symptoms that appear in an affected person is a general state of weakness, fatigue, nervousness, aggressiveness and a bad attitude in general. The state of fatigue and weakness turns into anguish, fear without cause, and sexual decay! You can see how serious psychic attack can be. It will slowly pull you down into uneasiness and depression. This will reach a high intensity that will further cause fear of death, diseases, accidents, and mental collapse.

If you find yourself with these problems, you are probably under serious psychic attack that has made its way into your body. Things will get worse before they get better if you do not take steps to protect yourself after having these symptoms. If things are going totally wrong in your life, you are under attack.

Knowing that you are under psychic attack is the first step, but you **MUST NOT** let it control your thoughts. Many people are terrified once they know they are under attack. This self-suggestion can cause you great harm, and make it twice as hard to protect yourself. In primitive tribes just telling a person they were under attack caused the person to react with great distress. Sometimes the person even died a few days later. You must always keep in mind, that you can stop the attack, send it back, and protect yourself from future attacks, All you need to do is take control of your like.

Other symptoms of attack are, nightmares, many times around the same subject, or feeling a pressure on the chest during sleep or just after waking. Again, do not program yourself with these feelings. Only, note if you have them. You also may have a strange feeling while walking. This is usually a weakness in the legs, muscular pain, abundant perspiration, etc.

In severe cases, noises can be heard, bad odors, teeth and hair loss, cancer and other diseases will manifest. Many times the face of the person doing the attacking becomes and obsession to the victim.

You should first see a medical doctor, to see if you truly have a medical problem. Conventional treatment will be helpful, but will not cure you. You need to stop the attack.

METHODS OF DEFENSE AND PROTECTION

Our natural psychic defenses can be surpassed by psychic attacks. Our natural defenses are generally pretty weak.. They can be surpassed whether the attack is deliberate and insisting, or involuntary and occasional. You need to consciously **PROTECT** yourself. The natural defenses just do not protect you under the attacks.

The first thing you must do to protect yourself is, to banish all feelings of fear and helplessness. As I have stated, you can defeat your enemies and take control of your life. If you are fearful, it will speed up the damage it is doing to you, and cause your defenses to weaken. Stay calm, and understand that you are under attack from someone. You may not even know who or why the person is doing this to you. You may have and idea of who is attacking you, but you are not sure. Sit calm, and **GET YOUR ASS GOING TO PROTECT YOURSELF**. The best way to keep fear away is through **ACTION!!** Sitting thinking about your problem, does nothing but make it worse.

When you are under attack, you are now a warrior. Whether you like it or not. You either fight, or let the person destroy you. Part of being a warrior is to take proper care of your body. Personal body care is essential in psychic

attack. You need to take a bath at least once a day to cleanse your aura. If you can take more than one bath, do so. You also need to eat healthy. Stay away from junk foods, sugar etc. You will need the power your body can generate to help you. Weakening it with junk food will hinder your recovery from the attack.

The first active method to protect yourself or others is the Visualization method. If you have children, pregnant women or elderly people around you, they will feel the effects of the attack greater than you will. They will also be greater damaged by the attack.

The visualization technique starts by moving to our "Special Place", as outlined in Psychic Sexual Command. You need to visualize yourself and others healthy and happy. Then you need to see yourself and others inside a glass shield which protects you from all attacks.

The other classic protection visualization is to see the person surrounded by white light. This can be done for any person, whether they are present or not. This technique will be effective in most cases.

To fully understand the "Special Place" you will need to read my first book, "Psychic Sexual Command". It will make using the techniques in the book easy, and effective. Without it, you will probably have trouble using these methods.

BEST METHOD OF SELF DEFENSE

While you can protect others, it is always best to learn how to protect your self. It is much more effective to protect yourself, then to have others protect you.

The best form of protection is a combination of **PROTECTION AND ATTACK.** To only protect yourself is not a long lasting defense. Sooner or later your attacker will break down your defenses, and you will be under attack again. You can not hide in your Castle forever, you must come out and face the enemy, if you are to win.

You need to start to apply the **VERBAL SELFPROGRAMMING** method to activate and mobilize ourselves into psychic self-defense. This is given in detail in my first book. The technique's key is to fall asleep immediately after the order is given. This is done every night at the same time. You then repeat the command as soon as you wake up. If you do this, you will start to feel better, as the shield is being put up to protect you. You need to do this technique at the slightest suspicion of attack. The sooner you program your mind against these negative thought forms, the better. The following are good Verbal Self-Programming Statements...

"I want to possess a great willpower, nobody will dominate me, NO evil will reach me ever!" :: "NO harm will reach me!" :: "I send back to my attacker, three fold what he sent me!" :: "I want any harm that has been done to me, to go away forever!" If after doing this programming you start to feel better, than you will know that it was psychic attack.

You can also Self-Program yourself to wake up anytime you are being attacked, with the information about your attack. This information would include, the type of attack, who, and how. This is a great way to know if you are under attack, before you are damaged by it.

To get this information, you must enter Theta State with your questions. The Society offers tapes that help you get into this state. You must also remember that when under psychic attack, your dreams are very important. Pay close attention to them for information and answers.

As all martial artists know, the best defense in an offense. For this reason you must have thorough knowledge of Psychic Attack. It is only by returning the attack, that you will be totally free from it.

DIRECT PSYCHIC ATTACK

CONTENTS

FULLY UNDERSTANDING IT

The more you know about Psychic Attacks, the better you will be able to protect yourself from them, and the better you will be able to use it as a weapon.

You will need to use Psychic Attack methods to defend yourself from attacks to get the person away from you, or to have them give up the attack, or to change their mind concerning the subject that is bothering them. You do not need to seriously harm your attacker. All you need to do is frighten them, make them withdraw or just forget about you. Of course, if the person is evil, you may want to seriously hurt the person, to stop them from attacking you further. Most cases do not require this treatment.

Some people do not like books being written about Psychic Attack. Thinking that it will be misused. Anything can be misused, but at this time only a small few know about the techniques of true Psychic Attack. When only a few know about it, the few will rule the masses. This is how evil grows and destroys. When everyone knows about these techniques, the evil will not be as quick to attack another person. Thinking, that the person may know how to send back the attack. Without this fear, the evil person will feel free to attack anyone he chooses to. Now, you understand why this book is being made public.

Psychic Attacks can be positive. When carefully applied they are a good way to calm an enemy or aggressor, but the unscrupulous people go far

beyond imposing their will and desires upon others in a terrifying way. It is these types of people that we need to protect ourselves from. If everyone masters these techniques, then no one will dare to use them, being afraid that they will be the next target. Also, if we all are psychically protected, the attacks will be ineffective.

WHAT IT IS AND HOW DOES IT WORK

Psychic Attack is a psychic aggression that a person exerts on another, consciously or not. The most common unconscious emitted attack is the feeling of envy. Envious people emit a great deal of psychic attack energies. They generally wish the death of the person they envy. These energies whether conscious or not, reach the person being attacked to one degree or another.

The same occurs when tow people talk badly about a person. They are psychically attacking that person without knowing it. These attacks effect the person to some degree or another, depending on the energy between the two people talking.

Many people get little psychic reactions when people are talking badly about them. Some kind of feeling comes over them.

In this chapter I will discuss Direct Psychic Attack. An attack in which the aggressor is totally aware of what they do. When a Psychic Attack is deliberately performed it takes on a great deal more power. Direct also

meaning that nothing lies between the attacker and there victim. This of course, adds to the effectiveness of the attack.

Direct psychic attack produces immediate and long lasting results. It acts as a shock, fast and violent. Like a dagger thrown at a person, or like an invisible hand punching them. As is Psychic Sexual Command, symptoms appear instantly. You can now apply Psychic attack like Sexual Command, to frighten and scare away dangerous people. A trained attacker can make their effect felt at the time they make the decision to attack, even before they start the attack That is how powerful the mind can be if trained in the correct techniques. The trained person will have effects on the person whether they are in front of him, or at a great distance. The human being is extremely open to attack. You do not have to believe in it to have it work. The human mind does not know how to handle an attack unless you have programmed it to handle an attack.

The most frequent symptom appearing in an attacked person is the need to touch the effected area. Other symptoms are Voice changes, bright eyes, and feeling or excessively scrutinizing gaze appear after the touching. Sudden changes in personality and flattery towards the attacker caused by the unconscious fear the attacks produce. If influenced correctly, the person will try to apologize and calm down his attacker, he will seek friendship and try to please you in every way in order to end his punishment.

The victim may also feel the sudden impulse to move away from you, buy a home in another place. close windows or doors. In one case, a person

built a seven foot wall in front of his house to get away from the attack, in a useless effort to get away from the psychic attack. A psychically attacked person has an unconscious perception about who punishes him and why, and how he must behave to make the situation/attack stop. This unconscious thought makes the person feel there is no escape, and produces deep fear and submission to the attacker. This thought process starts right from the beginning and continues even after the mind tries to resist. The mind convinces the person that there is no escape, and the victim ends up changing their attitudes according to the aggressor's desires, even if he hasn't openly revealed them to the person. Take note how this manifest in the person you are working on, you will be amazed by it.

As the attack continues on a person, they will experience flu, angina, suffocation, blood pressure problems, respiratory difficulties, intense pain in certain areas of the body. You can see how dangerous Psychic Attack can be. That's why if you do attack a person, make sure you have just cause. You can also see how serious it can get, if **YOU** are under attack. After the illnesses, the person tends to become accident prone, and has serious personality problems.

The effects on the victim **DO NOT** effect the sender of the attacks. There is no **"BOOMERANG"** effects unless you start feeling guilty for attacking a person you should not have. Then you may start having problems yourself. That's why you must be **TOTALLY** certain you are right, and then **NEVER** look back!! Those that use Psychic Warfare frequently, daily program themselves against any negative forces that might effect them. This is an excellent safe

guard for the Psychic Warrior This insures that nothing will harm you during and after your battles

HOW IT IS DONE

The first key to success concern **"TACTILE SENSATIONS".** To carry on a successful battle in Direct Psychic Attack you must proceed in the same way as you did in "Psychic Sexual Command" In both techniques, touch is used to excite sexually or to punish and reject. In Psychic Warfare, you proceed mentally as if you were hurting or attacking the enemy with a knife You must mentally fee the knife as it penetrates the head, mouth anus, or any other part of the body See and "feel" this over and over again The important part of this technique s to make it as real as possible by actually tactically feeling the action with your mind. You must **"FEEL"** that it is really happening. We have tactile sensations all the time, and the effectiveness of tapping into this has been proven time and time again.

t is important not only to feel, but to visualize the knife cutting the person. This adds a great deal of power to the technique Any time you v sualize an act, you are starting to effect the person you have visualized You do not even have to visualize the entire person. You only need to visualize the area you wish to effect. You can even attack people you have never see, by using this technique. All you need to do is visualize a skull or head from behind and attack that. This works equally as well.

Psychic Warfare, like most thing in life, must be done until you get results. Do not give up if you do not get results right away. Each person you battle will have different effects and levels of protection. Some may be effected quickly, others may take some time to effect. It also may take time to "SEE" results. The person may act normal, but be in a lot of pain. Most people will show outward emotions. This is one of the main difficulties with Psychic Warfare, knowing if it is working.

Psychic Warfare can be practiced with eyes opened or closed, a good way to practice Warfare is wide eyed and walking. This helps stop boredom, the killer of proper attacks. It is best to attack when you are mad the most at the person you are attacking. This helps insure proper attacking. As you keep the attack up and start to see results, you will become less and less bored with the process.

It is important to practice daily. The time of day is not important. Any time you feel is best for you. While effects are felt instantly by the person being attacked, the longer you apply the attack, the greater and more pronounced the results of the attack will be. You can do this techniques for as long as you wish, from 20 minutes to three hours. It is up to you and your needs. When you are very up set by some injustice, you should try to use the techniques as much as possible through out the entire day. As your mind thinks about the injustice, move it right to the attack mode. This will get you results fast! As you do this, you will find the attack becomes easier and easier.

In one case that I know of, the person did it for three hours straight while they walked. They also used the technique anytime the saw the person. The results were amazing!!

While you can do your attacks anytime of the day, it is best to attack at night when the person is sleeping. This is the best time to effect a person. If they have not properly programmed themselves for protection, the attack will easily penetrate their mind. You may even get a phone call the next day from the person explaining they are sorry for any trouble they have caused or seeking an end to the troubles between you. Others wake up **VERY** tired or with pains in their body

It is hard, but very needed to confirm the results of the attack. Since you are not used to using your mind in this way, you need to know that it is working. This will greatly help your effectiveness in future attacks.

GENERAL GUIDELINES

AVOID HABITS PRODUCED BY PHYSICAL REALITY

We are used to moving our arms, legs etc., anytime we like, and it may seem impossible to force others to move the way you want them too but it can be done!! This have been proven in many studies. We know that psychic power does influence a person, but we do not know how it works.

The human capacity to move physical objects is called **PSYCHOKINESIS.**

Psychic power has been proven to effect changes in electron flux, by just **LOOKING AT IT!** This effect is not only on the subatomic level, but on the physical level too. Psychically you can touch a person on their body, and then ask them what part of the body did they feel effected. This will prove to you that your technique is working. The **"PSYCHIC TOUCH"** is, part of the psychokinetic phenomenon.

The Soviet Union did many tests on these powers. They have several people that can move objects with their mind. These objects were protected as best as possible, but were still moved by the person. The same person could even stop a frogs heart with their mind!! This is amazing because frog hearts beat a few seconds, even after being removed from the animal.

With all this research we still do not know how it works, but it **DOES** work. Generally that is all you need know. In all subjects tested, no unusual signs were shown in brain activities. Only a slight increase in right brain activities.

AVOIDING THE TRICKY ETHICAL QUESTIONS

The feeling of hate and anger against an injustice done to you or another person, is perfectly normal. If we did not have theses feelings we would be robots, or even worse evil. Evil has no feelings for anything. **"TRUE"**

anger against injustice is one of the highest forms of pure soul energy. To empower this energy in your life. you must take action against the injustice in your life This is one of the ancients secrets you have probably never heard before. The reason the world is so screwed up is because the Soul Energy is not being empowered to change this plane. We choose to give others the power over us to take theses actions against injustice, (police, judges etc.) This was a grave mistake. This causes the Soul Energies to be perverted. The results is a **TOTALLY EVIL** and screwed up Police and Legal System. By using Psychic Warfare you can restore the Soul Energy back to you. and in the process restore a bit of it to this plane in general Use the power incorrectly, and you will feel the **EVIL** energies.

Aggression is totally normal Without it. nothing would survive on this plane It is the improperly channeled aggression that causes problems. We are born with aggression along with love and fear feelings. Many in general, has perverted his Soul Energy for such a long period of time. that cruelty has become part of him. This is not the case with others in the animal kingdom.

On the other hand, you saw in Psychic Sexual Command, that child-hood is so long in humans that during years of helpless and dependence on your parents, gives birth to a family bond. The childish sexual desires towards your parent of the opposite sex, is always intertwined with hate and rejection towards your parents of the same sex. This is why Psychic Sexual Command and Psychic Warfare are opposites. Each represents the psychic manifestation of natural impulses of love and hate In the two faces of the universal Oedipus complex absence of one of these poles represents the

disparition of the other, just as without darkness we can not appreciate the light.

Through Psychic warfare we also materialize one of our deepest childish fantasies, the desire to defeat and chase away a terrifying and superior enemy, as was represented in your parent of the opposite sex. Aggressive impulses along with love impulses coexist perfectly among animals, but these impulses are greatly repressed in human society. This repression causes a great deal of problems mentally. One of the **MYTHS** the mind creates is that any attack psychically or other wise, will come back to us in one form or another. This belief is given further power by the idea of "karma" and in Wicca, the wiccan rede. Basically they believe that you will pay in future incarnations for all the evil you do now. This is **TOTALLY UNTRUE!!** Do not let it effect your thinking. If you strongly believe in this myth, you will mentally cause yourself a great deal of problems if you use psychic warfare. A lot of these "mental traps" have been set up by those in "power" to control you. Religions are famous for this weak thinking. The whole idea of **"Divine Punishment"** tends to develop strong feelings of guild in persons that take action. This idea is so strongly ingrained in our minds, that most people will have trouble pulling away from it. While other cast it a side, and head down the path of darkness. This too is unbalanced, and wrong.

Repressing emotions and impulses hasn't achieved anything in Society. The opposite is true. This repression has caused nothing but trouble and injustice. The lose of justice in daily life is causing physical and psychic illness, full of unjust culpability sensations, disabled to enjoy wealth and success in life,

even if they obtain it. We generally slowly destroy ourselves with the horrors of this injustice **IT EATS US ALIVE!!! WE LOSE THE PURE SOUL ENERGY, AND BODY AND MIND SLOWLY DIES!!!**

Duringour entire life we are continuously attacked in thousands of ways. This can be at work, nagging wife, bad drivers, stupid Doctors and Lawyers, Police, judges etc. The injured person in most cases, remain resigned and impotent swallowing his indignation, and self-destroying himself!

It is a **MUST** to accept that it is your right, to repel aggressors and evil. Even more then your right, it is your **DUTY** to take action against evil that comes into your life. There is nothing wrong with taking any action needed to stop theses attacks, whether this is a violent reaction or not. If we learn to respond correctly to attackers we will respond naturally and immediate, thus recovering our self-confidence, assertiveness and ability to fight and retaliate Thus, bring back, our Soul Energy in our life. You need openly display your attitude of fighting back without fear or doubts. The world must consciously and unconsciously see you as a person not to be harmed Meaning, if you have the power use it! In war if a warrior does not use his strongest weapon. we can deduce that the warrior is submerged in self-destruction and unconsciously wants to be defeated The same is true in all areas of your life You must employ fully your psychic powers as your most powerful weapon. Do not use the powers, shows a deep rooted desire for **DEFEAT!!**

The other side effect of using psychic powers is, that is causes others to face the truth in life and grow. If left unaffected they will not grow This is why

society is getting worse instead of better People are not forcing society to change they follow society like sheep Spengler said "We evolve or we die, there is no third possibility" and Gurdjieff said: "Good is al that makes a man awake, and evi al that makes h m slumber, that hinders his action"

MODALITIES AND VARIATIONS

You can perform Direct Psychic Attack by mentally moving towards the person. By mentally moving our hand holding the weapon we are going to attack with, as we take the person to be attacked to the "special place".

The weapon can be anything you choose, but knives work very wel They have a primitive scary effect to them, but you need not limit yourself to this weapon You can use fire guns, scissors, or any other weapon that suites your fancy An item you general dislike, or are frightened of, is a good place to start with These types of items trigger deeper psychic feelings that make the attack more effective You can even use your hands!!

You **MUST** visualize either the action of attacking or the "Tactile Sensations" of the attack, or both Both is the most effective way You may want to actually move your body as if attacking, while doing your visualization. While doing this your eyes can be opened or closed. It depends on what you feel best doing. As you practice, keep a record of your actions and techniques. Note what you did and when Note down the results you got. As you do this

over time, you will see what works and what does not. This is very important for your overall success.

The best areas to attack are: head, mouth, eyes, throat, anus. Each area you attack will show different effects in the person. Note these down too. One person I know, mentally visualizes knives and razor blades in the victim's mouth, inflicting internal wounds at the throat level. This produces profound and instant trouble and fear in the person, as the attack proceeds: a fever, dysphonies and other traits will appear.

Another technique that is used is to mentally hit the teeth of the person you are attacking with a hammer. This obtained **IMMEDIATE** obedience to their wishes. Attacks like this generally also manifest disorders in the mouth, like swollen gums or bleeding. Other excellent techniques are, to hit the persons head against a wall, or even better, to cut a persons anus with a knife. This works **EXTREMELY** well, causes instant control over the person. Correcting their evil ways. If these kinds of attacks continue, they will have physical effects too.

There are Witches that absorb mentally their victim's energies and vitality through visualization, this is known as Psychic Vampirism. Many other people do the same in an unconscious way. If you note talking to a person, and you feel weak and depressed afterwards, you were consciously or unconsciously attacked by a Vampire. This happens a great deal of the time

WHEN TO USE PSYCHIC WARFARE

Feel free to use Psychic Warfare to defend yourself and family anytime you are attacked, offended or threatened The first stages of Attack are not harmfu at all It only produces fear and obedience in the aggressor, who ll stop harming you, will stay away be scared, or try to obtain your friendship. It is only if you continue the attack that physical harm starts to happen. This is when you need to **TOTALLY** sure you are **JUST** in your attack.

The problem with any power is, that it tends to destroy you. You fall into the trap of the **EGO** You become unbalanced and onto the Dark Path of Destruction. This is all part of the game. Those that use the power incorrectly will be guided down the path to destruction.

You need to use this technique in your daily life Do not wait until you are n **BIG** trouble, as soon as a situation arises, start the attack Keep the attack up until you get results.

You can even attack those you do not know, that have harmed you. I know of a person that had their car stolen. They invented general appearance of the person. and attacked them. In a short time, the car was found abandoned and undamaged an few blocks away

With Psychic Attack you can overcome the resistance of a person. You can also change the attitude a person has towards a thing or person Many use

this technique to separate couples by influencing both of them, or drawing one away from the other You can also use it to stop unwanted advances.

It can be used on noisy neighbors, Mother-in Laws, you name it. You can change the attitudes and activities of these people to respect and care for you. You can use it in business sales to have the person purchase your products Having trouble with a person that is unsure whether to sign a contract or buy something, now is the time to use your psychic powers to control that person The uses are unlimited! One person used it to have a person stop smoking in their presents. and another used it on a bus to quiet down several loud people The more you use it, the better you will get

INCREASING THE POWER OF DIRECT PSYCHIC ATTACK

By observing your victim, you will see how well your techniques are working. The more reactions you notice, the better information you will have for further research.

In Psychic Sexual Command, I mentioned the power Tantric practices. Thes techniques will add greatly to your psychic attack successes. Sexual orgasmic abstinence increase psychic attack effectiveness. Sexual frustration magnifies our interest in our practices, ensuring greater effects. A person using Tantric practices can generate power to influence others for hours. without tiring or becoming bored

You can also use the relaxing effects to generate more power. While this is not as strong as the first practice, it does work. A small amount of alcoholic beverages and some musical rhythms, help greatly to increase psychic powers in some. This helps you relax, and get into the whole process of Warfare. It will help overcome some of your laziness and other hang ups.

The other way to increase power is, to get a group of people using the techniques together for a common goal. If also the group practices Tantra, you have a **VERY POWERFUL** to be handled.

DIFFERENT WAYS TO APPLY DIRECT ATTACKS

Using the psychic techniques I have given you, you can actually modify the behavior of others. Whether behavior is happening now, or in the past. The psychic energy effects the person's unconscious mind and produces the changes you desire in it. By effecting the unconscious mind, you are leaving a powerful imprint on the person's mind **FOREVER.** That is why you often only need to influence the person a few times.

Another way to change a person's attitude towards a certain action or situation is, to **ONLY** influence when the person is doing the action you dislike. If you attack all the time, the mind will not totally understand what you want changed. If you do it at the time the person is doing the bad habit, the mind will understand **FULLY** what needs to be changed. Of course, this will take some time to totally change in the person. What you do is employ psychic

punishment when the person behaves wrong, and you reward psychically when the person behaves right. Each time the person stops their negative actions, you stop the attack. The same with relapses. If the person starts to be negative again, you start the attack again.

Another technique that works well is, the **INTERMITTENT RE-ENFORCEMENT** technique. In this case, you punish or reward only two of each three actions you wish to stop or set. If you attack only two of the three actions without warning, when the situation arises and the person is not attacked, a deep fear grows towards the punishment that hasn't arrived. The punishment's expectations yields anguish and despair, where as the person will promptly give up their negative actions. In this case, fear of punishment, is worse then the punishment itself. We all have gone through this at one time or another.

Another method is the "over-learning" technique. You apply continuous or intermittent punishment each time the person does the action you want to stop. Once you ensure his aversion to that conduct, you tempt him to repeat it, until you make him relapse. Once this happens, you punish him again. This is why it is called "over-learning", because you reteach the person over again. If the person refuses to relapse into their bad behavior, you punish them. You would visualize the person doing the action, and then punishing them. The learning will take place on a deep psychic level.

It is also possible to mentally induce in any person a state of confusion. This is done by punishing and rewarding the person recklessly, and without

sense. In this case, the person will not know how to act. Since they will not know how to act, they will act in a very confused manner. This process is know as "experimental neurosis".

As you have just read, Psychic Warfare is very effective and dangerous. If practiced daily with dedication, you can cause a great deal of pain and suffering in a person. You can even drive a person to extreme mental stress that could result in self inflicted death, or serious illness. Taking this into consideration, use your new found power carefully. After all, you never know who you are getting into combat with. They also may own this book.

CHAPTER TWO

DEEPENING PSYCHIC ACTIVITY IN THE THETA STATE

CONTENTS

EXPERIENCE IN THETA STATE

VERBAL SELF PROGRAMMING AND THE THETA STATE

The experiences you can have in Theta are unlimited. You can verbally program yourself and others in Theta. I even programmed my self to awake up a few minutes before a person I wanted to telephone me. Each time I did this, I woke up a few minutes before the person I verbally programmed called me.

You can also ask in the Theta state, what is the best order to selfprogram, and the answer should appear. You also should selfprogram yourself in Theta by repeating the order until you enter the state. This will impress the command at the highest effectiveness possible.

For some people entering Theta can be a scary thing. Entering this state while you are awake or semi-awake produces all kinds of strange things. Suddenly you may see lights, ghostly veils, etc. These hallucinations being in a semi-awake state overlap into physical reality. You may find yourself in this a lot without knowing it. If you drive in a sleep state, or been without rest for a while, you may find yourself in this state. At those times, all kinds of strange things happen. You can hear voices and see all kinds of strange images. Some mentally ill people, may be stuck or lapse into this state without knowing it. Causing all kinds of strange feelings to come to pass. This could be one of the main reasons why so called mentally ill people say they hear voices and see strange beings. If they could be kept out of Theta, they may not have these experiences again. More research needs to be done in this area.

PSYCHIC OR ASTRAL ENTITIES

One of the amazing and useful things you can do in the Theta state is to contact the Astral Entities of that Plane or state. This can be of great help to you. This is an advanced technique, but you can do it with a little practice.

While in Theta you will psychic/astral entities, and you can speak to them. I have done this on a great number of times with fascinating results. Most of these entities present themselves in human shapes and appear in your consciousness while you are self-programming at night. You start by calling them in Alpha State, until they appear when you reach Theta. You can also call on them to bring you the answer to your problem.

There are many of these entities. While they do look similar in some ways, they are different. They appear sometimes in groups and different ones will appear at different times. On one occasion I asked my entities to send me a lover. Immediately I heard a voice saying "Monday we'll send you one" on Monday a lover appeared. On another occasion I asked for a buyer to be brought to a business. I heard back "At the end of May". At the end of May, the business was sold. Now you can see the great power in dealing with these entities. The insights you will get are amazing.

Always try to be kind and friendly with these entities. Never offend them in anyway. Just as you talk to Psychic entities in Theta you can also talk to

anyone you want to influence or command to do something. Just picture them while in Theta, and tell them your command. They will do it

HYPNOTIC CONTROL

PSYCHOLOGICAL HYPNOTIC CONTROL

Before we get into Psychological Hypnotic Control Techniques, let us deal with traditional Hypnosis methods.

First of all you need the cooperation of the person you want to put into a Hypnotic dream. This is not a common dream, but a semi-awaking state in which you can program/suggest commands and actions you want the person to do. In this state and after wards the person will not remember being given the commands. This programming state is called lucid somnambulism. we have all seen this being done on TV, when a person is hypnotized to do something. This is also commonly done to have people stop smoking or lose weight.

The first step is to make the person fall asleep with their consent and then right away start programming them. You must understand that some people are better subject than others. All people will not respond the same way. There is only about 20% of the people that can reach the deep state of lucid somnambulism. even this 20% will take some work and several tries to reach this state.

In this very deep state of trance the subject's mind is totally fixed on the hypnotizer. So much so, that the subject's brain cortex activity lowers to a very slow state. This is why they do not remember what has happened to them. In this state commanding voices connect **DIRECTLY** with the lower centers of the subjects brain. This state is similar to sleeping. That is why it is best to program a person during sleep.

The basic traditional method of hypnosis, that gets the best results is as follows. First, ask the subject to sit or lay down on a bed or couch. Try to make the person as comfortable as possible. As soon as this is done, read the following paragraph, changing some details if you wish, with a soft, paused and monotonous voice:

"Make yourself comfortable... calm... close your eyes... try to do nothing voluntarily... just keep quiet... quiet... let your muscles relax and you stay still... still... do nothing... all naturally... all is peaceful and calm... let your muscles relax... from head to toe... don't do anything voluntarily... keep quiet... let yourself carry along by the calmness you feel all over your body naturally and you'll feel a soft and pleasant warmth... a warmth that gets deeply inside of you... your muscles are more and more relaxed... more relaxed... all the muscles relaxed... loose and relaxed... loose... very loose and relaxed... deeply relaxed... deeply relaxed... breathing is now more slow... slower and deeper... now you feel the air passing lightly through the nose... try to feel the air passing lightly through the nose... you see also darkness within your closed eyes... you also feel a huge heaviness... huge heaviness... and the body is becoming more heavy... more heavy... each time more heavy... the body is heavier... heavier... the body is

heavy feel it heavier a l the body is heavier let yourself take away by this heaviness. quietly quietly let yourself take away am counting from one to five when I pronounce the number five you will fall in a deep and pleasant dream now I say one a your body is calm and still. very ca m. very calm and loose. al the body is loose. loose.. totally relaxed deeply relaxed. two. a the body is heavy heavy totally heavy absolutely heavy.. absolutely heavy.. three. the head is heavy the head is each time more heavy feel your head heavier each time heavier completely heavier four the eyelids heavy heavy . each time more heavy more heavy each time more joined and heavy each time more strongly joined one with the other and heavier they are so joined that you can't open your eyes. so joined and heavy you can not open your eyes. when most you want to open your eyes, you can not. so jo ned and heavy you can not open them. let yourself carry away by this heaviness. by agreeable heaviness. and now I say five now sleep. sleep deeply all your organism becomes deeply asleep from head to feet you are asleep. you are very much asleep and feel good. each time more asleep and calm. calm. happy and quiet. you are very calm. sleeping more and more deeply you are asleep and nobody will disturb you. not any noise nor conversation will d sturb you. only my voice you will hear only my voice you will hear

f at this stage the person has entered into Lucid Somnambu ism we can start the programming or command process. You can also ask questions The subjects voice will probably sound unusual or strange This is all part of the process.

When you wish to awaken the person out of this state, all you need to do is suggest it. If the person doesn't awaken, let them rest quietly. They will come out of this state by themselves. When a person is in a deep trance like this, never speak loudly or yell, this will produce a nervous shock. In this state the person is super sensitive to the programmer. Which means you must be very gently an careful.

The words I just gave you to induce a trance are traditional and used by most hypnotists. Other traditional ways to induce hypnosis, and can be used in combination with the one I have already given you are, chemical induction method. Drugs applied to the subject calm him or make him sleepy. The most common of these drugs are sodium amytal.

The other method is called "Hypnotic Control". This can be done without the subjects consent. With this method you can influence and program a person sleeping by our side. This method differs in one detail from the traditional method. While the experience is taking place, you must keep a hand on the subject's chest, palm down and at the heart's level, almost in the middle of the chest. Applying you hand on the hypnotized person's chest, they will automatically connect with you on a psychic level. If someone else would talk to the subject, they would only hear the voice faintly. Their entire attention is focused on the person with the hand on their chest.

WHENEVER I USE HYPNOSIS, I DO THE FOLLOWING

If I count with the subjects approval, I use the traditional method and when they are about to fall asleep, in the final stage. I place my hand on their chest

When somebody is sleeping in my presence and I perceive them uttering a word or sound. apply my hand to their chest to establ sh hypnotic control over the, I suggest for them to sleep more deeply and then I state a conversation This way, I lead the subject to the somnambulism state without having their consent. Once the person is in the somnambulism state, I always ask him in the first place, to sleep more deeply, and then tell them to get directly hypnotized at my command in the next session. If you do not do this, you wi have to go through the entire process each time with the person

The other thing to keep in mind is never talk to the person in the first person. For example, "half an hour after you awaken you will give me such a thing" but instead you wi say "Half an hour after you awaken, you wi l g ve X such a thing" (and here you would spell your name) In this state the person doesn't know who we are, thus we **MUST** refer to ourselves as the third person

I have used this technique while traveling on trains, on people who were asleep sitting by my side You can do this with any sleeping persons any where Most people do it with people sleeping next to them (wife lover etc.). Any t me you see a person trying to mouth any king of word, you start the process

Another thing I ask the subject under my control (besides getting into the state whenever I demand it) is not to recall anything that I have suggested, and to avoid telling other people about experiences, and never allow themselves to be hypnotized by someone else. This stops another hypnotizer from discovering what you have done.

One weekend I was staying at a friend's home. One of the girls had fallen asleep on the sofa, and I noticed her lips moved as if she wanted to say something. As there was no one around who could see me, I got close to her and placed my hand on her chest stating, "Sleep quietly, sleep quietly". When she changed her breathing I noticed she was more deeply asleep and I started to question her. During the questioning she asked who I was. I answered a "Spirit". I helped with a problem she had, and she asked to talk to me again. I answered. "If you want to talk to me again, you must contact Mark Desade, who is in this house and ask for his phone number". When you see Mark again you will sit down on his couch by his desk, and fall asleep in the same state you are in now. There I will appear, a Spirit and we will continue this talk, good bye. As that moment, when her gestures and breathing denoted signs she was about to wake up, I removed my hand from her chest. I then quickly moved to a nearby sofa, and started looking at a magazine. She woke up slowly, saying, "Oh I must have fell asleep, I feel much better and have a clear head". We chatted about trivial things, and she asked me for my phone number. The next time we meet, she acted just as programmed. She sat on the couch and got directly into the correct state. In trance she called me "Spirit".

Again, this can be done with any sleeping person. You do need to watch for the mouth movement. Then place your hand on their chest carefully, and start the programming and question asking.

Another fascinating experience happened to me at a party. One of my friends was very drunk, and wasn't able to stand or walk. She was lying on the floor and began to throw up on the carpet. I tried to lift her but, could no get her to stand up straight. I resorted then to Hypnotic Control. Just as I placed my hand on her chest, she straightened up and seems to be able to control herself. She walked and acted normally, the only difference was that her eyes were closed. While leading the person out of the door, I lost contact with her chest. She automatically fell to the floor and seemed drunk again. I then raised her again using Hypnotic Control until getting her to the car.

In all cases you must give post-hypnotic commands to our subjects, about actions they must perform after being awake. You will find that they follow these instructions to the letter. They also will do these actions without knowing why. If asked why they are doing these actions, they will state that they do not know why, it just seems like the right thing to do. This is called the Rationalization process, when a person seeks reasons for their behavior without realizing the hidden cause.

The same is true with cases involving Psychic Control or influencing. A psychically influenced person will feel absolutely free executing the actions mentally induced into them.

PSYCHIC HYPNOTIC CONTROL

Before getting into Psychic Hypnotic Control techniques, I must say that hypnosis states can be parapsychologically induced, that is it can be imposed without the persons cooperation. There are amazing experts of this technique of hypnosis that can do it at a **DISTANCE!!** They work with image visualization. Visualizing a person as though he was falling asleep and running a hand mentally over his head or along his body. They then induce parapsychologically induced sleep. Once this is achieved, they give mental orders, also by means of visualized images. I have done this a great number of times. Even those I consider the Psychic Techniques much better than this [illegible].

This type of Hypnotic Control consists of acting at a distance from the person, by mentally placing your hand on their chest. This is the difference from the psychological hypnotic technique control, in which you **MUST** actually put the hand on the chest and speak in a audible voice. The Psychic Techniques we still follow are the same process, but at a distance from the person, and on a totally psychic level.

You must mentally reach your hand out over the chest of the person you want to influence, as if you were **ACTUALLY** doing it. From the practices in Psychic Sexual Command you have learned how to do a "Psychic Touch". You need to do the same here.

You also need to "feel" the palm on the person's chest, and also **VISUALIZE** the hand on that person's chest. This should be done at night when the person you are influencing is asleep. Just before dawn, is a great time to do this technique.

You start by lying, then you go mentally towards the place where the person is asleep. If you are not familiar with the place, invent one. You can go suddenly or step by step. It is up to you. Mentally you notice the distance between your room and theirs. The distance itself makes no difference.

As soon as you reach the room, place your hand on their chest. Then, also mentally, start to talk to the person. Commanding to do your will, always in the third person. You need to do this **EVERY NIGHT** for at least 5-10 minutes. The more you do it, the faster you will get results.

You can combine verbal commands with images, visualizing the person doing the behavior you suggest to them. Of course, you always keep your hand on their chest, in the area of the heart.

One women used the Psychic Technique on her husband sleeping next to her. He was cheating on her. She should have influenced him to leave his lover, or hate the person, but in her desperate condition did not give a clear command to her husband.

Once she noticed that her husband was sound asleep, she mentally approached him and placed her hand mentally over his chest. She then

programmed the words, "Tell me what you have done, tell me what you have done" She noticed her husband started to change his position and breathing, at that moment it seemed like he was trying to say something, and seemed nervous The following morning, her husband told her what he had dreamed. He dreamed that he was on a Stage of a great theater full of spectators, who were asking him to speak, to play his role yet he could not, he had forgotten the text and did not know what to say What happened was the command given was **NOT CLEAR ENOUGH**. The order reached his mind, but the mind did not understand it That is why you must make it as clear as possible. The command should have been, "Tell your wife about the affair you are having with your girl friend".

The technique will always work, but the person **MUST be asleep** while you are influencing them. This gives you the greatest effect, and if the person sleeping is in Theta then the effects will be greater You also should try to be in the Theta state at the time of the influencing. This will greatly help the entire process

ASTRAL PROJECTION
WHAT IS IT??

Astral Projection consists of the conscious coming out of the physical body It seems like a dream, but it is **TOTALLY** real. You are fully awake and conscious in this state You move through the normal and astral planes

hovering like a spirit in space. It is difficult to explain, and only those that experience it fully understand it. This is a rea phenomenon that a great deal of people can consciously make happen.

It s thought that we unknowingly Astral project every night while we dream Many people that have had Near Death Experiences state leaving their bodies and seeing what is happening to them, as if they were seeing a play happening. Astral Projection is much more common than most people think it is. The key of course, s controlling this and using it for a specific purpose

The word "Astral" refers to the psychic or spiritual dimension (astral plane) which is subtle and nvisible to the normal human eye. The Astral planes is, the fifth dimension where all psychic or supernatural phenomena take place Out of body experiences are nothing new They have been recorded since ancient times by almost every culture. Each culture reported very similar experiences

Generally the separation of our psyche from our body occurs naturally every time we sleep. Most of the time we are totally unaware that this has happened to us The amazing thing is what we can do if we remain conscious after we are out of body The reason we do this natura ly is because, the body needs the recovery time to rest without the astral body

During Astral projection you are not **TOTALLY** separate from your body You are connected by and astral cable called the "Silver Cord" This cord s several centimeters thick when the astral body is near the physical body and

becomes thinner as you mover away from your body, until it is the thickness of a thread. This thread holds the physical and astral bodies together

Within two or three inches around the body, the astral body experiences great attraction to the physical body. This is called the operating range of the cord. Thus, in conscious Astral Projection experiences the difficulties lies, not in returning to the body, but in keeping ourselves away from it. Once the "attraction" is overcome, and we move further away from the physical body, we are no longer attracted to the body and we acquire independence in our movements. You are then free to travel where you wish in split seconds!! This is because we become **PURE** thought.

The conscious astral projection consists of the transfer of our consciousness from the physical body to the astral body. This generally happens in the Theta state of consciousness. The moment astral project takes place, there are several irregularities in the electric activity of the brain. Several unusual forms appear in the electroencephalograms waves.

The double that separates from the physical body is immaterial and consists of subtle matter. This is the organizing principle of the entire physical body structure and is responsible for its integrity and development. This would explain the complex and constant arrangement of atoms and cells constituting different living organisms. Aristotle called this the "Form" of the body

Vivid astral projections are very common in people with greater consciousness. I was Gurdjieff who maintained that we are not born with an

astral body. He stated, that we must create the astral body and reinforce it more and more, so that it would be capable of surviving death of the physical body, at least for a period of time. This is a **VERY** advanced technique that take a master to complete. This is the reason why very few men are able to have an astral body capable of surviving indefinitely after the body's physical death. Those that can do this like Yogi's and the Society's Guild Masters, are far and few between. This technique forms an immortal astral body. The secrets of this techniques is only known to a very few high evolved masters, of which the Society is one of. These secrets are kept in the Stage Three of the Society for those that **PROVE** they are worthy of this great secret.

At the very moment of death, the cord snaps and the bodies separate forever, since death is nothing but a permanent astral projection.

I had one fascinating experience while astral projecting. I was just a few inches from my body when I noticed someone behind me in the astral plane. When I was about to turn to look at it, I heard a voice say, "Mark, tell everyone you have been with the Egyptian". Suddenly, the voice was pulled away, by what seemed was against its will. It seemed like another being pulled this person away from me. I then learned the next day, that a close friend had died at the same time as I saw the astral projection near me. What was interesting was, that just a few hours before dying the friend had joked about building pyramids and Egyptian Pharaohs, saying that he was going to build one himself. This seems to prove life of some type after death.

HABITS AND DREAMS

One reason a lot of people have trouble projecting is the fear of death. Many people seem to project a few feet away, only to see their body and get fearful and quickly return to the physical body. There is no reason to have these fears. We are naturally protected in many ways. If anything presents the slightest danger to us in the astral planes, we immediately return to the physical body. Generally , we can not avoid taking habits, customs and limitations of the physical environment to our practices of conscious spiriting, especially at the beginning.

Because of these limitations we tend to bring a lot of junk with us into the astral. If you have a dream of falling, you probably are experiencing astral projection fear. You are awaking up and see you are separated from your physical form. This fear causes you to very quickly return to your body. This causes the falling dream.

Another interesting way dreams work, is by concealing your astral projections in order to spare us distress. The oneiric images of our dreams usually hide the reality of the astral world and our provisional withdrawal from the physical body. This is how the brain protects itself, so we do not become frightened.

Dreams that you are flying, conceal the fact of astral movement. It is much easier for the mind to understand flying, then it is projection. We usually project ourselves to strong desires of going some place or being with some

body Here again dreams are in charge of concealing the astral fulfillment of our desires.

HOW TO INDUCE ASTRAL PROJECTION

On some occasions, conscious astral travel is induced involuntarily This happens at times of serious illness, accidents and when given general anesthesia. Many patients state seeing themselves on the operating table

There are a few drugs that may be able to cause this effect too but they need a lot more research. Several occult oil combinations can help you to project too. These are available from the Society along with an Astral Projection Kit. Send a SASE for more information on these products

The best time to project is after midnight, after waking from our first dream.

During our second dream. we are better able to project You should eat lightly this night You can try to project at other times, but **MUST** be awoken from your first dream. Should be lying on your back with your face up.

Project does seem to happen more when you diet on only fruits and vegetables Our head of the pit of the stomach may hurt slightly, or we may feel paralyzed for a few minutes when we wake up, at the beginning of your practices This is all part of the process.

You can use the techniques given you already to help you project. By verbally programming yourself to obtain conscious projection. The best order to give yourself is "I want to achieve astral projection this night, without running any risks" Other programming statements you can use are; "I want to be conscious during my dreams" "I want to lose my fear of Astral Projection"

You can also use visualization combined with verbal programming. The place you want to visit during your projection must be visualized, and it could be any place. During the visualization you must feel as if you were there You must see everything as though you were there, **WITHOUT** seeing yourself The same as is done with the "**SPECIAL PLACE".** This can be done by lying down with eyes closed, just before falling to sleep. During these visualizations you will behave as if you really did project.

The Society also offers several Astral Projection Kits, that are designed to help you Astral Project These are fine tools to get you on your way Most people experience a great deal of trouble projecting. Only a small group of people easily leave their bodies. The kits greatly help you release from your body

You can also use Verbal Self-Programming, visualization and Tantra practices to help you project. Many also suggest that you stay on a vegetable diet, and **NOT** use Alcohol and Tobacco The combinations of the four elements above, constitute my method of **CONSCIOUS** Astral Projection.

Astral Projection may be induced by a great sexual desire as well as by an intense state of sexual relaxation and satisfaction. This is covered in great detail in "Psychic Sexual Command". Extreme Tantric sexual tension leads us, during our dreams, to search for the person of our sexual dreams. In this extreme state, our consciousness is enlarged by our desire and we become aware of ourselves, even while in the dream state. In this state, our astral body acquires more strength, and tends to bring about a conscious splitting. The results of Tantric astral projection is, greater the driving desire, greater consciousness and the strengthening of the double.

The Tantric state of extreme relaxation also favors projection. The Astral body moves far away from the physical body when it needs to recover such amounts of energies.

Tantra is the most powerful method used for Astral Projection, and when combined with the other techniques stated above, greatly increase your chances of projection. If you are having trouble projecting, try these techniques. Astral projection is commonly talked about by Tantric groups. They have known the secrets of projection for hundreds of years. These techniques are generally overlooked by your average Sorcerer. Only those trained in Eastern practices know of this secret.

Hunger and thirst also leads the double to move from the physical body but it is the hard and not as effect way of trying to project.

PSYCHIC POWERS

It is said that the double, when projected, can obtain matter form its physical body through the astral cord. This would explain why, though separated, we can sometimes take hold of objects, and in some rare cases, even leave objects in other places. While this is possible, this in not the average. Why some can do this, and others not, is not known. There are even cases in which the double moves objects far away from him. A form of psychokinesis. This depends on the density of the double or the quantity of the matter taken from its physical body. It is said that the double is sometimes **"SOLID"** and other times "**GASEOUS**".

Some gifted Sorcerers project themselves, then they load their astra bodies with a much denser matter, and perform in this way several actions on the physical level. This is usually done on a person asleep. In this form, you can do as you wish. This could be sexual or of an attack nature. These types of actions requires a great amount of astral matter as possible.

Due to the absorption of physical matter by the double, people who were awake or animals have been able to actually **SEE** the astral projection. At this stage it even may be detected by extremely sensitive instruments, capable of perceiving the slightest change in the physical environment where the double is.

One night I woke up a few feet away from my physical body. I felt the presents of another body in the room. I had locked the room I was in, so it was

not from my own home I then realized that it was another Astral Body! I immediately returned to my body and sat up in bed Soon afterwards, I heard noises of furniture, as if someone was bumping into it in a hasty retreat Undoubtedly it was the double loaded with a great amount of physical matter Knocks on the walls, bells ringing, scratches or pinches to people, objects in levitation, are all signs of psychokinetic phenomena produced by a materialized double

When we are projected our psychic powers are amplified. Being in this state is a good time to influence people, as well as gain information.

In "Psychic Sexual Command" I recommended self-programming to influence or to perceive in the Theta state. I was referring to the psychic activity we could produce in this unconscious astral projection state Now we are dealing with the same activity but performed with full consciousness at the moment of it occurrence.

While we are projected, we carry out sexual union, commuting ourselves to the place where the desired person is, usually asleep. Such actions are called "Astral Sex" Psychic attacks are also possible in this state, and are called "Astral Attacks" The Astral Attack is a variety of the Direct Psychic Attack, only that in this case the operator is split and consequently endowed with a greater psychic power

Cases of Astral Vampirism either conscious or unconscious, in witch a projected person extracts vitality from another person, usually through

appropriate visualizations, are not so frequent There are even reports of killer astral attacks This is when the attacker projects themselves and disconnects the astral cord of the person being attacked. This causes instant death. The other deadly attack is done by actually **"OCCUPYING"** the body of another person while they are astraly projecting. You take over the body and do not let the returning body in, or you influence the person before the astral body can return. While these attacks are very rate and difficult to do, they have been done by Master Sorcerers.

The most important thing to remember when ever you psychically act in this state as well as other states is: absolutely everything that happens to the astral body will happen to the physical body Whenever the first is harmed, the second will also be harmed This is the reason why bruises scratches or marks frequently appear on people that are astrally attacked. In other cases, people will suffer from organic diseases or have other symptoms depending on the type of attack, but its origins is always in the astral plane This is what magick is all about on producing changes in the astral plane, that are then reflected in the physical plane

DIRECT ASTRAL PROJECTION

In this case we will not split ourselves to behave psychically but we will **"SEND"** another person to do it for us This technique requires the help of another person, a subject that we will direct while he is projected, using the psychic hypnotic control.

This is done by placing your hand on the chest of your subject, who will be in a state of lucid somnambulism. Then we will take the subject into a state of unconscious astral projection, so that he wi l perceive or influence at a distance, according to our indications In this way, the whole psychic process of astral activity is completely simpl fied.

We ask the subject to move astrally to the place where the target person s, and inform us about what she is doing at the moment. For example in my first experiences with this technique I verified by telephone the recent nformation gotten by the subject, by talking with the friend of mine to whom we had investigated some minutes before astrally by our subject. Continued practice and verifying the truth about the attained perceptions is essential, especially in the beginning. The more you practice this technique, the more accuracy you will obtain and you begin to distinguish between objective and subjective perception, diminishing gradually the error gap Our subject may ask mentally questions to the person we are interested in, either if they are asleep or awake, and by this means, obtain the answer

You can also send our projector to influence persons, either by visualization or touch. By applying along hypnotic control on them. I this last case he would influence by placing his astral hand on the person's chest wh le transmitting suggestions verbally or through visualizations.

In one of my first experiences, I took hypnotic control of my assistant and asked him to project h mself towards on of my students to talk to her, and

exert influence over her. I also instructed him to watch over her, and see if there were changes. This is the dialogue I had with my subject.
Move where Donna is and ask her opinion about me. Some minutes later, she says, you are a good person. Ask if she is in love with me. A few minutes later, she states she is not. She loves her husband. Influence her to fall in lover with me, and tell her to admit this to me.

We continued this practice for three to four days. I this time my student started changing her attitude towards me. These sessions endured for about 15 minutes or more.

Several days later, she came to visit me. As soon as I opened the door she looked steadily at my eyes and, for the first time she began to address herself to me in a very familiar way. She had become influenced by the programming. She sat in front of me and announced her need to have a lover, asking what I thought about it. I was surprised because we never talked about the subject before. Moreover, while we were talking, she got up and rubbed her body against the desk between us, while she kept talking. This is a typical case. I have always seen pronounced changes in attitude when I used Directed Astral Projection. You will be amazed too!!

In another case, my helper wanted to punish a person that had hurt him. Under my psychic hypnotic control I asked him to project himself to this person's home and attacked him. We did this for 20 minutes and stopped. Two days later we repeated it. We then confirmed that during the two days, the person being influenced had to see a Doctor, and after the second attack had

to go to the Hospital for treatment of a heart problem. Knowing this we immediately stopped the attack. A few days later, the person was released from the hospital and stated they were sorry for the trouble they had caused.

CHAPTER FOUR

OTHER MODALITIES OF PSYCHIC SEXUAL COMMAND

CONTENTS

REVIEW AND EXPLANATION OF THE KEYS

One of the best ways to be successful is by using the **TACTILE SENSATION TECHNIQUE**. This is done my **MENTALLY** touching the person while combining or not visualization. It is necessary to keep at this technique until you are sure it is working. The best way to practice is on an unknown person within sight of you to verify results. While practicing you will notice that there are days you get better results than others That is all in the learning process A lot depends on your state of sexual tension or relaxation. Sexual energy being one of the major keys to success.

During periods of Tantric Maithuna, I found it impossible to reach psychically to another person's body I felt totally blocked In such a state, I could influence a person by **"Mental Touch"**, but with little effect By contrary I found in periods of sexual relaxation, I was surprised at how great my powers were. Each person will have to try what works best for them. This is an art form, and everyone has different results You need to find out what works best for you.

As to the reactions of the influenced person. They are very varied too. They generally are immediate, but varied. The reactions generally are not of a sexual nature or arousal. This generally happens to the operator, not the person being influenced. A person may laugh, or move in their seat, or do something else When a person is under Psychic Sexual Command they will respond in strange ways. Note and **"Different"** behavior you see. The laughing comes from the sensation of being tickled in the genital area.

PSYCHIC SEXUAL COMMAND AS A DIRECT ATTACK

When I referred to Direct Psychic Attack I said it was an opposite technique to Psychic Sexual Command in the sense that as the former seeks rejection and estrangement of people While the latter is oriented at attaining love and sexual attraction from them. We will now see this approaching technique can also be efficiently used as and aggressive form of psychic direct attack.

This is possible because as we know, there is not a perfect defined area between pleasure and pain. These two areas become confused and mingled in the mind The pain and sexual stimulation area of the brain are right next to each other This is why we think it is so easy to confuse sexuality and pain as one. In different proportions and doses, we all crave either pleasure or pain. We are not sure why this is , but it s true To produce pleasure or pain in another person, it is enough to just increase or diminish the same stimuli A caress or a kiss may turn on unpleasant pressures and vice versa.

Psychic Sexual Command transforms itself in a direct psychic attack emphasizing the stimulation's to be transmitted. This produces pain or anguish by the same means delivering attraction and sexual desire

MODALITIES

It is possible to influence using touch, with or without adding visualizations, not only in a mild form, through the fingers or tongue, for example, but also through pinches bites, various pressures, pricks, hair pulls, spanks or whips, burns, etc.

This punishments generally inflicted in the erogenous zones, especially the genitals, including a huge range of intensity according to the feeling s and practice involved. From the brief influence exerted by someone angry or spiteful carried away by a momentary tantrum, up to psychic actions bordering the psychopathic.

A young man wrote to me once stating, that he, just for amusement, he mentally introduces his erect penis in the mouth of people he passes by each time he goes out walking. Another person stated the way to get best results was transferring mentally towards the target person visualized naked kneeling down and performing on him oral sex. Another letter a man stated that each time he desires a certain woman, he hits her in his visualizations until she accepts with pleasure to be his sexual mate

Another woman wrote that her boy friend left her without cause She mentally influenced him with Psychic Sexual Command and corporal punishment, alternating between the two. She did this for five minutes every time she felt anger towards him. She did this through out the day That very night, he returned to her in a very excited condition. Another person stated that they mentally visualize a person they want to punish, in supplictory and

humiliating attitudes, or hanging upside down from the ankles, naked and legs apart while being touched all over. There are others that introduce objects or fingers in the vagina or anus of the person to be influenced. Some even use so called "FIST FUCKING". This consists of inserting the fist and part of the forearm into the person's anus or vagina. One parapsychologist confided to me he mentally operated on his victims from his "Private Sexual Torture Chamber", as he called it, which he used as his "Special Place".

You can see how dangerous and potent this can all be!

WHEN TO USE IT

Sexual attack psychically performed constitutes a powerful stimulation, that handled with care, can be used successfully to change a person's behavior.

This Psychic Sexual Command modalities have the particularity to be direct psychic attacks based on sexual pain and humiliation. This produces in the influenced person, submission, servitude, and deep resignation, turning him eager to yield to the operator's desires. Other peoples behaviors we wish to change, being negatively reinforced by such sexual punishments, will repeat faster. The same happens with Direct Psychic Attacks, as we have already seen. These modalities being apt to be applied in all the human areas and situations.

They can be used as punishments immediately following a rejection from somebody or a someone behaving in a way you dislike. The technique is best used for provoking prompt decisions, or to stir up reactions in people unresponsive to mild stimulation's, and above all to eliminate resistance

Finally it can be used to defend yourself from enemies or attackers. Employing one of these techniques I totally reversed an unpleasant working situation. harassed by my boss, I continually influenced him for an entire week. Each time the ill treatment I was getting came to mind. I subjected his to "Fist Fucking" and had him perform fellatio on strangers. Not only did this produce great obedience, but the boss stopped pursing me, and became my friend.

CHAPTER FIVE

PSYCHIC ATTACK TWO

INDIRECT ATTACK

CONTENTS

WHAT IS IT

In direct attacks, the minds does not operate in a direct way, but through a concrete circuits, that is to say, physically rea and employing the photographic negative or the name of the person to be influenced In ritual magick, dolls and was figures are used instead of negatives.

Through the indirect psychic procedures you can succeed not only in influencing a person at a distance by means of a s mple order, but also in making a drug or any other substance penetrate his organism. Apart from the photographic negative and the circuit, a psychophysical sate of intense sexual tension in the operator is essential to carry out the phenomenon throughout You reach th s state by orgasmic abstinence for no less than nine days You can also use the Maithuna technique in addition to the abst nence. The union of these different elements, typical of indirect techniques, produces the most effective and powerful psychic manifestations that can ever be achieved.

These techniques require neither conscious concentration efforts by the operator, or any other direct mental activities. On the contrary, his energies wi l be directed to reach the required state of tension without much effort Self Defense becomes quite difficult, though not impossible, because of the great energy caused in these operations Such is the psychic power of a person when you intensify it sexually that is supported by the circuits

In th s process, direct stimuli do not act as daggers aimed at a person, but on the contrary, there is a great concentration of energy by the operator

that literally "wraps up" the influenced person. They generally find it impossible to escape this net put on them

When a person has a chemical psychically implanted in them, the reaction varies depending on the substance used. The effect of doing this on a person has the same effect as if they ingested or injected a drug into their body! If it is a toxic substance the person will feel all the physical effects as well as the mental effects This is a deadly procedure that is used only in extreme [illegible]

Faced with a very serious problem, you may resort to these procedures in combination with techniques already shown you. For example, in order to punish an evil person that is threatening or ill-treating you, to make that person stop attacking you, to beat their resistance to keep away dangerous people etc., you would use this. Many have even used this technique to keep **INSECTS AWAY FROM FIELDS!!** In these cases I used a photographic negative of the field together with a pesticide appropriate to the type of insects I wanted to kill Once your objective is accomplished, you can stop the operation and dismantle the circuit, so you do not keep influencing for no purpose

SYNCHRONICITY PHENOMENA

Synchronicity is the simultaneity of two events linked together in a significant way but without cause. Such simultaneity may take place between a

psychic state and an external event with the same sense, yet, they have always the same meaning they occur at the same time, none being the cause of the other They are called "significant coincidences", those coincidences hard to believe but, nevertheless, existing.

Research on indirect psychic techniques and their relation to synchronicity, I have come to the following conclusions

1 Every successful act of magick is a synchronistic phenomenon. The union of the operator s desire with and external event having its same meaning and taking place simultaneously That event is the fulfillment of your goal.

2. In the past it has been very difficult to study synchronistic events because, of the impossibility to reproduce them at will. I have found a way to produce them through Tantric Sexual Tension Rituals which is done by orgasmic abstinence.

3 It is also necessary to have, not only the desire to be materialized by the Tantric Tension, but something solid, physically real, something the mind once it has become solid and physically real can rely on and by means of which it can produce the coincidence, or the synchronicity

According to our research, the union at a distance of a chemical substance and a person, constitutes a synchronistic phenomenon. In this case, just as a photographic negative is chemically treated, the person to whom that negative represents, will feel the same symptoms and effects as if they were in direct contact with the chemical on the negative To produce this effect

through the fifth dimension, a brain must be charged with a high concentration of sexual energy. In this state, synchronistic events take place. People in this state can also effect machines and motors in a synchronistic way.

As a synthesis, the circuit's components and everything equal to them in the external world, are united at a distance by the influence of the mind activated and energized by orgasmic abstinence. This will result in a synchronistic event. Now, orgasmic abstinence does not mean celibacy or doing without sex. I am talking about complete sexual activity including intercourse, erection, masturbation, everything, but **ORGASM!** If you are a person that has little interest in sex, then you need to practice Maithuna (Extreme sexual relaxation). The key to effectiveness in the indirect psychic techniques lies in orgasmic abstinence. This special kind of orgasmic abstinence provides us with the power and the capacity. While the circuit on which we rely psychically in order to enter the fifth dimension state and imprinting our objectives from there on the physical plane, only makes our canalization of that power possible.

The power of these techniques will be terrifying only paying a terrifying price, which refers to the torture experience of Tantric Asceticism. It is the power from this Asceticism that enables us to operate with tarot or talismans, which explains why these items work well for some, and not for others.

As you use these techniques and you increase the sexual energy in your body, which will start to flow to the brain, you will gradually notice that your psychic powers will increase to the degree that you will be inducing external

events Slowly the process is beginning to happen. The blending of the **INNER AND OUTER** worlds! This blend creates psychic actions to materialize into the physical world. Your thoughts are starting to become solid and material. Many people notice in one form or another psychokinesis while in the state of orgasmic abstinence Psychokinesis may be a synchronistic event.

During the first few days of orgasmic abstinence you will start to feel the power raising in your body Even though you will not be able to manifest power yet. Trying to produce power effects on the fifth or sixth day, general fails It takes between 9 to 10 days to generate enough power to get noticeable results. To reach getting power it takes even longer If anytime during this period you orgasm, you must start all over again. You need to verbal self program yourself **AGAINST ORGASM** during this period. If you do not, you can orgasm in your sleep This is very easy to do after long periods of abstinence The programming will prevent this.

During this period, it is also easy to lose track of you goal. This is all part of the power trap. Forces that control these powers like to get you off track By doing this they **DEPOWER YOU!!** It s important to keep a "**ONE TRACK MIND**"

Through these practices you will notice that when visualizing and impelling voluntarily the circuit, that some sort of energy streams will come out of you. This energy comes from the orgasmic abstinence and can also be seen after several hours of directly influencing a person. This energy can be called the "Genital Glow"

When you are in a state of sexual relaxation the circuit also functions, but in a different way and at a much slower state. In this state the circuit is just a stimulus aiding us to focus our mind and influence passively our subject. This type of state has nothing to do with synchronicity.

WAYS TO DO IT

THE SIMPLE CIRCUIT

In one case a person trying to attack me, I took a picture of him. Of course, you use the negative and black and white negatives are the best to use. I then took liquid rate poison and put severa drops on the negative. Then, I place the negative in my left pa m, n the furrow on one of the palm line. I slightly closed my hand so. the poison would not touch my hand. I covered it with my right hand, slightly closed, forming a sort of hole with both hands contain ng the chemically treated negative. This formed a circuit to my brain for direct psychic attack. Al this caused a union of the mind and body. Due to orgasmic abstinence, was unable to visualize without great effort. I finally succeeded in visualizing the person being injected by the poison through the negative I was holding. I did this for 20 minutes. After this time, I cleaned the negative. and kept it for future use. I then went to see the person and check on my success. I found the person in a strange mood with odd physical reactions. This seemed to indicate that the effects were starting. That night, I saw the person with several other people. He was complaining that he was ill, with a fever. He was sick for severa more days. From this point on he never bothered

me again. I only attacked him once, because I did not want to hurt him further, only to him act correctly to me. You can now see the power that you can have. Using it wisely will be your greatest test. Will you destroy evil, or will become evil???

I used the same procedure on another person that was bad talking me. I obtained the same results, a high fever etc. A few days later I met her on the street, she ran up to me begging for forgiveness!!

Another way of increasing the power of this type of attack is by using two copper cables or wires wrapped around your head and connected to the negative in your hand. This is a little difficult to do, but it does greatly increase the power of the attack on the person.

The best results I have gotten is by placing the negative in a small bottle of poison and then visualizing it entering into the victim. Just doing the procedure sets the actions into motion, even if you do not visualize, the effects will start to happen. This is because you have established a real circuit between your mind and the victim.

In another case where three people were causing me great trouble, I placed a black and white negative of them in a bottle of pesticide. I visualized for an hour and daily, the pesticide entering their bodies and effecting them did this from the 13th day of orgasmic abstinence until the 26th day. All three got symptoms as if they actually had ingested the poison!!! They had very serious illness, including high blood pressure, high fever and respiratory

disorders. In a very short period of time, their attitudes changed towards me, they tried everything to please me. Soon after stopping influencing them, their entire symptoms disappeared. I washed and stored the negatives for future use. I also tried powered poisons to see if they acted well on negatives too. They also performed well, effecting the victim quickly. It seems that it does not matter the form the poison takes, as long as it contains the negative, it will effect the subject.

THE SPECIAL PYRAMID

As in the case with activating talismans, orgasmic abstinence is a key to activating pyramid powers.

You first need to get a pyramid (available through the Society) and place one side of the pyramid facing north. Then you need to take a properly prepared bottle filled with a poison and negative, and place it in the center of the pyramid. Place it on a small stand that will lift the bottle one third of the height away from the bottom of the pyramid. Once this is done, you should visualize your usual attack on your subjects.

There are two kinds of pyramids that work the best; The Orgonic and the Electrode or Negative pyramid.

The Orgonic pyramid is named after Wilhelm Reich, who gave us the theory of ODIC or Orgonic energy that is produced by four or six alternately

superposed plates of metal and wood. This pyramid should be an exact replica of the **REAL** pyramids. It is made of three black cardboard pyramids and three copper pyramids, all of them the same size. Place them alternately one upon another, first starting with the copper one. This forms a powerful energizer to the poison in the bottle. Causing even more harmful energies to pass to the subject.

The other pyramid is the electrode or negative pyramid. It is not made like regular pyramids of wood, metal etc. It is made up of electrodes constituting its edges. It has two faces, so that you can see anything that is placed in it. Many researchers have found that this has amazing **DESTROYING EFFECTS**! Water will smell unpleasant in just a few hours, food quickly decomposes, and photographs of people placed under it, soon fall ill.

No matter which pyramid you choose to use, you must add a bottle with some kind of poison in it, along with a negative of the person you want to effect in the bottle. These are placed in either pyramid. You can also add infrared light above the unit to project even more power, along with using visualization, this will give it the Triple Effect, causing great harm to the subject. Of course, you do all this along with orgasmic abstinence.

DYNAMIC CIRCUIT OF PSYCHIC IRRADIATION

You can do the following in two ways. Like in "Psychic Sexual Command" you will use the Fan Device You can fasten a bottle containing the negative and some king of poison to the fixed part of the fan facing the revolving disk, with a written order This will cause the union of the two parts, the photographic negative (the person) and the poison).

The other way is a little more complex. You place the bottle in a pyramid that is open so we can see the bottle It can be an Electrode pyramid of just a regular open pyramid. You the, photograph the entire unit. You take this photograph's negative and place it in the internal fixed part of the fan, facing the revolving disc. Causing the commanding union of both elements (negative/person and poison). The bottle not being fixed to the fan, should stay under the pyramid, just like when you took the photograph. This will stay like this as long as you use the irradiation device. This could be several days or weeks It depends on you.

The written orders on the revolving disc will be two kinds. For example. "I want this poison an negative to be joined", or "I want the union of these two things" The other way is to have the person you are influencing talk to themselves like, "I will not bother Mr P or the poison will enter my body", or "I will not bother Mr P all I can, or the poison will enter my body" It depends on your problems with the person

Having put into action the Dynamic Circuit of Psychic Irradiation with the bottle or using the photographic method, you can operate in several ways. You can leave it alone, and let it work daily for 6 to eight hours, or you can visualize for 20 minutes or more each day. This will speed up the results. Orgasmic abstinence beyond the ninth day will cause the commands given to automatically take effect.

You can also operate in the Theta state, letting the circuit function during the night and using verbal self-programming to further effect your subject.

All these procedures can be used by a group. If they all are orgasmic abstinence in function, the effects will be **MAJOR**!! This generally is not needed, but if you are dealing with a really evil force, this is one way to really hurt them. A "Properly" directed group is always more deadly than a single person. Even though a single person can do a great deal of damage

CHAPTER SIX

KUNDALINE AND THE ABSOLUTE POWER

1. AWAKING AND AROUSAL OF KUNDALINI

    A) Kundalini

    B) Nadis

    C) Chakras

    D) How to Proceed

    E) Siddhis

    F) Symbols

2. TANTRA AND KUNDALINI PRACTICES

    A) Explanation

    B) Benefits

    C) Katas

    D) Antagonistic Principles

    E) Abraxas

    F) Ethics

AWAKING AND AROUSAL OF KUNDALINI

THE KUNDALINI

The kundalini is the greatest and the ultimate power that exist in the human body It is called by many names around the world such as. Serpentine Power Primal Fire Goddess or Mother Kundalini, Megan etc. Each culture has a name for this amazing power As with all power it can be used for good or bad. The person using decides how it is used. This force is a force that resides in every human and is only corrected to them. It does not come from some other source like, Spirits etc. It is the "Base" force of man that usually stays hidden for their entire life Hopefully only the wise will seek it's power because only the wise can handle this great power Others have tried, and they have been destroyed by it

I have covered this in "Psychic Sexual Command" but I will go over it again here. It is a subtle and invisible force. It lays asleep at the base of your spine. Unless you are clairvoyant or psychic, most likely you have not used this power at all Kundalini exists in all people. The source of all psychic and sexual power lie in the Kundalini. To awaken it you need to practice Kundalini Yoga, along with Tantra Yoga When this supreme force awakens, all the hidden potentialities of man are fulfilled! Whoever achieves the awakening of the Kundalini acquires psychic powers of the greatest degree, and turns an ordinary man into a Cosmic Man! This man, can now achieve feats that seem

god like in nature. This is the secret to all the Yogi s powers through the ages. It is not an outside power, but a power that comes from within

NADIS

Nadis are thin tubes or subtle arteries. There are thousands of them inside our body. They carry oxygen prone through out our body. Of all the Nadis, only three are important in the process of awakening the Kundalini. They are Sushumna, Ida, and Pingala. The last two are on each side of Sushumna. They show as a straight line or central canal circumvolutioned by two serpents

Sushumna is the most important Nad s because it constitutes the central psychic tube at which the Kundalini lies. Through this is how the Kundalini wi l arise and awaken. In the normal state Kundalini sleeps closing the entrance of the Sushumna with its head, but when you awaken it, it penetrates through this Nadi whose opening is covered, enlightening you ways you will never believe!!

CHAKRAS

The Chakras are the centers of the subtle energy and of consciousness. They are the generators of prana. The bodies life force. There are many through out the body, but there are Seven major ones.

When the Kundalini is rising through the Sushumna Nadi it enlightens your consciousness, and awakens and charges with dynamism every Chakra on its way up your spinal column. Each Chakra is stimulated by this flow of energy into the, and they being to spin ke wheels of glowing sun energy. As the Kundalini ascends up your body, psychic powers begin to awaken in each Chakra. These powers are then released to the whole human being to use.

The seven major Chakras are, Muladhara, Svadisthana, Manipura, Anahata, Visuddha, Ajna and Sahasrara.

Muladhara, is one of the most important ones, since it is the seat of the Kundalini. It lies at the root of the Sushumna Nadi and of the Kundalini force asleep, coiled and numb like a sleeping serpent. The Muladhara is the true center of the body.

The other important Chakra is **AJNA.** Located at the height of the forehead. This s the powerful Third Eye, you hear so much about. It is where so much of the psychic powers we know about come from.

The most important of all the Chakras is **SAHASRARA.** Located ouside and a few inches above the head. It is through connection with this Chakra that you fusion with Absoluteness or the Cosmic Consciousness. For that reason, the central channel surrounded by the two serpents is present with the addition of wings on the superior part, in reference to Sahasrara. In such a way is

constitute the hermetic Caduceus, symbol of medicine health and man's absolute fulfillment.

HOW IT WORKS

The Kundalini can be awakened in many ways. Even without your consciously trying to. Sometimes this happens when a person is hit on the head or spinal column. Without the person even knowing it, the energy starts to rise. This usually causes great terror and confusion in the person. Many think they are going mad, and the rise of Kundalini in a person too fast, can cause al types of mental problems. To handle the great power that comes with the rise of Kundalini, you must know how to handle it. A too great flow of energy to the brain can **FRY** the brain, or at least cause mental problems. You are dealing with a powerful force that you **MUST** respect.

The Kundalini force can be instantly awakened by the effects of some drugs, trance state dancing, anal intercourse, and some types of music or sounds. One way of telling if you are experiencing Kundalini effects is by **FEELING** a very low buzzing sound coming from your body. The reason I used "FEEL", is because this buzzing generally **can not** be heard by the human ear. Many Yogis induce Kundalini by widening their anal sphincters, perhaps by stimulating the prostate gland. The anal area, being close to a Chakra tends to draw the energy from the Chakra causing the Kundalini to rise. There are even some ancient tribes that tried to raise the power by incision, circumcision and even by fire.

The tried and true method is of course. Tantric Yoga. Not only is it the best way, it is the safest way. Through the Maithuna method, the sexual force is not wasted, but in a subtle way raises by the Nadis. The energy that is usually created and expelled, is now used inward, preparing the physical body to receive Kundalini's terrible vibrations. Getting the body ready to use the Kundalini energy is very important. This is done by Tantric practices. It awakens, raises and stores the energy for future use. It is believed that the person that control sex, controls the Prana or like force energies. He who controls this, can also awaken and raise the Kundalini energy

Tantra is always practiced on a diet of vegetables only. Tantrism combines concentration, visualization, and meditation practices with respiratory exercises and body positions. The aim of which is to purify the Nadis and awaken the force. Even the inhalation, retention and exhalation procedures pertaining to the respiratory exercises, can be matched to Tantric sexual practices.

Ida and Pingala are gradually emptied of Prana by means of visualization, respiratory exercise and meditation. Once you reach this state. Prana will flow through Sushumna, penetrating Kundalini force and awakening it. A subtle is caused by this flow, and this heat also helps raise the Kundalini force. By altering the Prana's normal flow by using Tantric techniques constitutes the classic techniques proven to be effective for hundreds of years.

While the classic way is proven to be effective, there are other "Higher Techniques" ways of raising the Kundalini that modern researchers use. You of course still start with Tantric practices. This is most important, because it prepares the body for the rise in energy. You will find Tantra rewarding in many ways in your psychic training. Any number of powers can be gained by these practices.

The next step is using Self-Programming which will give you control and security in the whole process. The best command to use is the following. "I want the Kundalini energy to safely rise in my body". You also should use the verbal self-programming to avoid orgasm while sleeping. We closed this already but you need to know this is very important to do. Every night you need to self-program yourself without fail. As you do this nightly, your mind will take the process over and make it happen!! You **MUST** remain dedicated to the process if you want to achieve the amazing results. If it was easy, everyone would do it. Only a special dedicated few will reach the proper state. With the proper programming you will reach the state, and reach it safely as you have programmed yourself to do. The Nadis will slowly purify itself and raise the energy. The Chakras we become ready to take the energy safely.

The two things that hinder the raising of Kundalini are the eating of meat and masturbation. Your self-programming should help you stop any of these activities.

Tantric practices and verbal self-programming combined with visualization are powerful raisers of the Kundalini energies. Visualization is an

important part of raising the energy. Without using visualization it will take many months to raise the energy. One of the best visualizations you can do is to visualize yourself mentally sliding through your own Sushumna Nadi towards the Kundalini head that is stopping the energy from flowing. Once there, you awaken the energy and make it rise as you have learned to do with direct psychic influencing. This is a mental way of opening the Chakras and is a great help to the entire process. The Chakras can be awakened by daily visualizations.

Tantric practices and self-programming are inseparable. Without these practices most people will never raise the power. Visualization on the other hand, is only a helping hand, and nothing else. By using these three methods, you will find it much easier to raise the energy. This has been proven time and time again.

Once Kundalini starts to awaken it will rush up and it is very hard to stop or control. Controlling the energy is **VERY IMPORTANT**. Uncontrolled Kundalini is **VERY DANGEROUS**. It has been known to hurt or even destroy physical and subtle organs in the body. This usually happens when the energy is raised unknowingly. By using the combination method, you can control the energy the same way you got the energy to rise in the first place. The Tantric practices can help here too. Generally sexual retention helps the energy rise, while orgasms make it descend, along with using the self-programming and visualization.

When you methodically awaken the Kundalini it does not raise quickly, but slowly and directly through the Chakras and all along the Sushumna. No matter how well you have tried to prepare yourself for the raising of the energy you will experience some trouble as it first rises. It takes a bit of time for the body to totally adjust to this new powerful energy

Many times you will feel and intense heat or electrical feeling invading your body. Sexual organs become abnormally active and sometimes pain is felt. You will also feel pain at the base of your spine where the energy is flowing form. Even strange internal sounds and some kind of music can be heard at times. Your head may seem to float at times, while other times it feels like it will burst!! In rare cases temporary vision loss happens, along with itching and excessive salivation. These are all part of the energy raising process. Frightening at first, these feelings will pass. The energy you are releasing is more powerful than an atomic bomb!! If your body is not pure, you will go through this process even longer. That is why you need to stay on a natural diet.

At a psychic level, your powers will greatly increase to far above normal. The more Kundalini effects the body, the more your powers will increase. Other side effects are an increase in sexual fantasies and even involuntary crying, intense fear, hallucinations and mental confusion. Sounds like fun? This is why so many that raise the power unexpectedly have so much trouble dealing with it. All this is normal as the body adjusts to the new condition of energy flow.

SIDDHIS

Once the Siddhis is awakened by the Kundalini energy, you will achieve all kinds of supernatural powers. You will find you have telepathic powers, clairvoyance, be able to Astral project, pyschokinesis and many other powers will now become available to you.

In the case of psychokinesis, the power increased **TEN TIMES** normal. Your influencing techniques will also increase greatly. Your Psychic Sexual Command and Psychic Warfare powers will be increased beyond belief. Many have reported being able to move objects mentally after the Kundalini has risen. During this period many report breaking glass and bottles as they passed them.

While at this stage, feelings of hate or sexual desire will excite and awaken the power for use. Many people call this feeling the "Boiling Chill". This can be dangerous to others, because if you get mad, you could hurt a person instantly. Advanced practitioners in this state, have great power to **KILL** instantly!! The same is true about sexual desires. The power will dominate the person to do any act of your choosing. They will not be able to resist your power.

Many report feeling tremors in their body and a great vibration followed by a sensation of electricity invading them as the Kundalini starts to rise. Make sure that you are not angry at the time, because the energy will affect that person with deadly results.

One person I met wanted to demonstrate his new found powers to me. He asked me to pick a person on the street, and he would cause them to fall. Not believing him I pointed to a person and said good luck The person was about 80 feet away at the time To my surprise, the person quickly fell to the ground. The person also stated he could stop motors with the power Either way he used it, he must get angry or sexually effected for it to work. Anger in general can cause psychic reactions to take place. This has been studied and found to be very true

On his deathbed, Aleister Crowley, the famous magician, asked his doctor to administer him morphine The "good" doctor refused to do so. Crowley then stated "Since you condemn me to die in pain I condemn you to die in pain immediately after I do"! A few minutes after his death, the doctor died!

Once you learn how to raise the power, you should do it only for short periods of time. The energy is TOO strong to keep raised for a long time. If you keep it raised too long you will experience psychic phenomena all the time and will start effecting everyone around you. This could cause a lot of harm to others The powerful energies would also harm yourself physically This is especially true at the beginning of your practices. Many have even produced burns on their body form the power rising in their body for too long. That is why the raising is called the "Serpentine Fire"

The best way to handle the power is, to make it rise then work with psychically and finally to urge it to descend. This way you do not have to support this energy all the time. Many Yogis use the Kundalini in this way. They raise the power to what ever Chakra they want to empower and then cause it to descend. This is the best and **SAFEST** way to handle this very potent power. **YOU MUST URGE THE POWER TO DESCEND. IF YOU DO NOT, IT WILL CAUSE ALL KINDS OF MENTAL AND PHYSICAL PROBLEMS!!!** While some state that they want the power to stay ascended, this is a very advanced procedure that should be done by a Master of these techniques. Consulting a good Yoga teacher will be a good start here. In both cases, keep in mind that the ascent and decent of the Kundalini force is directly linked to sexuality, verbal self-programming and visualization.

SYMBOLS

Through out history, and in most traditions, the raising of Kundalini energy is thought to be the only way to true enlightenment. It is thought to be the only way to the "PERFECT MAN". The power of the Kundalini is known in all cultures, even though it is called by different names. The Bible is filled with references to the Kundalini forces, either directly or indirectly. The references are too numerous to mention!

In the Odyssey, by Homer, there are constant references to the ultimate process of human fulfillment. The trip of Odysseus to his homeland constitutes an illustration of the ascension of the Kundalini which, as we have seen, is

difficult and slow, and eventful with the permanent risk of halting or withdrawing. The best symbol in this work is, in regards to the test of the Securis. The Securis or metal rings are lined up, one after the other, forming a kind of narrow corridor or tube. Whoever tries this test, will have to shoot an arrow, which after passing through the rings, will have to hit the final target. If he succeeds, he will marry Penelope, Odysseus' wife, and will obtain his goods and property. Everyone wants to try, yet they are all unable to even draw Odysseus' bow back. Only he is able to draw and shoot the arrow through the Securis and hit the target. In this story, the Securies symbolize the 33 vertebras through which Kundalini must pass to hit its target, the Sahasrara Chakra.

In the oriental legend about a Genie trapped inside a bottle, similar symbolism can be found. A fisherman takes a bottle from the sea and when opening it, he sees a Genie who pretends to want to destroy him. By means of trickery, he manages to trap the Genie in the bottle again. When he is about to throw the bottle back into the sea, the Genie promises to become the fisherman's slave if he frees him from the bottle. The fisherman accepts this. The act of taking the bottle from the sea and the possibility of throwing it back, symbolizes the characteristics of the ascent and descent of the Kundalini. The mighty Genie is the Kundalini power that can destroy us if we do not control it, but can also grant us whatever we want if we can control it. The Kundalini power is just like the Genie, waiting to be opened by a fisherman looking for power and enlightenment.

There are many other classic stories that have the same type of symbolism in them. Snow White and the Seven Dwarfs has similar Kundalini symbolism in it. The usual awaking of the power etc.

CONSIDERATIONS ABOUT THE USE OF TANTRA AND KUNDALINI YOGA EXPLANATIONS

Very few people are carried by life's events to practice Tantra to tap into the Kundalini power most must consciously work in that direction.

To achieve the power you are seeking you must find a Tantric mate The best way to do this is by using verbal self-programming and psychic techniques to attract and have fall in love with you. The act of orgasmic abstinence in itself while seeking a mate, will have you the power to attract the needed mate to you. Maithuna serves to keep alive the sexual fire and to exchange opposed effluvia with your mate. When avoiding orgasm it is best to practice it with the same person, this helps to avoid strong new stimuli that will make the task much harder

Orgasmic retention delays the subjective perception of times passages, as far as arrest it, and produces a pronounced control of the breathing. There are Yogis who control breathing to avoid orgasm. It can also be used to control orgasm as they can stop breathing for several minutes at a time The sacrifice of the orgasm is know as. "Mystic Suicide", "Mystic death of the warrior" or "Divine Intoxication" This is considered initial sacrifice to which all religions

refer to. Every mutation or transformation begins in sex, and to deny it as the impelling and essential factor of evolution is to fall in counter-initiation or lunar miscarriage.

Orgasmic periods are needed too. The use of fantasies and stimulation from a different source, is sometimes very useful. Through the process of using "NEW" partners you can have "Unconditioned orgasms". This is, you are able to satisfy the plenitude of secret sexual fantasies each person possesses (to make love when, and with whom, and how it is desired without any hang-ups). In that period there is a worry about orgasmic quality, not only about its reiterations. Some orgasms, orally or genitalia produced, are able to deliver a real "Mental Explosion" or "Psychic Short-Circuit" rushing the relaxation and the passage of time subjectively perceived.

There are several schools of Tantra. I have discussed these in the book "Psychic Sexual Command". Instead of staying with only one type of Tantra, or trying to achieve a semi-monthly or monthly orgasm, we opt to practice equally retention and elimination as the best balance way of doing this practice. Either of these practices will fully satisfy the person on the path of Kundalini power. These paths are just pillars you pass through as you evolve and advance. This balanced path is named **RED TANTRA**. This balanced path is the only true way to self-realization. Red symbolized the final stage to Kundalini power.

BENEFITS AND REWARDS

The practice of Tantric Yoga benefits both men and women equally It is one of the most important practices in our entire life Some even speak of their lives as before and after Tantra Yoga

The sexual benefits to these practices are a requiring great magnetism, person and sexual. Your orgasms will improve in quality and quantity, until six or more daily becomes a normal fact. These practices also protect you against impotence precocious ejaculation and frigidity Tantrism quintruplicates the sexual drive !

It will awaken and amplify your consciousness, bringing out the best in your spiritual self You will feel a general feeling of well being and peace within yourself Your health will improve along with your sexuality In these practices you will find the secret of the will and of psychic concentration (sexual retention) and relaxation (orgasms). It will transform you into a conscious center of energy and give you a great deal of psychic defense abilities. In the Oriental traditions, it is believed that Tantra will free you from Karma and the rupture of the incarnations chains!!! A lot to think about in the sentence!!

The practices also greatly improve your voice, speech and you will project a great aura confidence and strength. In making decisions, while in the two states of sexual consciousness, you will be able to make the correct decision without fault.

With your psychic powers being unified with your mind and body your entire out look on life will change for the better You will eliminate the internal

oppositions obsessive and paranoia traits will disappear All areas of your mental life will change and be cured

KALAS

In many Hindu Tantric schools and in all of the Tibetan schools, students prepare and induce Kundalini's awakening and arousal by the absorption of the Kalas of the opposite sex. This is a major part of the Tantric practices Kalas is, the fluid essences secreted by the couple doing Tantric practices. These secretions originate in the physical temple, and are biochemical substances produced by the glands in response to the sustained and appropriate erotic ritual. When the secret essences are ingested, they produce different states of consciousness, being also used to obtain the alchemical transmutation of both members of the couple and the creation of the psychic hermaphrodite in each of them, in whom the opposites are unified. By absorbing the essences you greatly increase **ALL YOUR PSYCHIC POWERS.** This is easily proved with testing after ingesting. It has also been said, that it delays the aging process

I am not talking about **MENTAL** absorption of subtle energies produced during sexual intercourse, (vampirism) nor mental ingestion of Kalas. What I am speaking about is the physical absorption of the Kalas carried out by one or both members involved in the Maithuna state. This state produces the most powerful Kalas for use. The Kalas must be absorbed in an oral or genital way to get the needed effects.

There are sixteen Kalas in men and women We will cover several of them here. From the strongest to the weakest depending on the effects after absorption.

IN THE MAN:: KALAS': The most powerful is **SEMEN**, followed by lubricant juice, urine, sweat saliva, etc.

IN THE WOMAN:: KALAS:' The strongest is Female semen, followed by menstrual blood, vaginal lubricants, urine sweat, saliva, tears etc.

The two most important essences, that are considered "Life's ELIXIRS" are, male semen and female semen.

Male semen we know contains the following Calcium, iron, phosphorus vitamin C, and it has antibiotic properties. Most of the time female properties are totally ignored.

The female semen, is equivalent to the male's semen. It is clear, tastes sweet, similar to liquor and has a pleasant smell. It is created by a rudimentary prostate gland that only very few women possess, because in the majority of them it is atrophied (by the way, we can say that the clitoris and the vaginal lips are also a penis and rudimentary testicles, corroborating the thesis of a hermaphrodite human past) This rudimentary gland pours its secretion into the vagina through a conduct being evacuated from there to the outside. Those

woman with active glands will produce copious amounts of Kalas after orgasm. Even in women apt to this function it is not always easy to produce female semen emission of the Kalas. You general must use special sexual positions well known to practitioners of Tantra.

The best way to extract this Kalas is by having the woman on top of the man. The woman sit on top of the man and sexually functions in that position. This seems to generate Kalas many times. Of course, the woman must stay in this position until she orgasms. Usually the male can feel the rush of female semen on his penis in this position. This is the same position that most cultures use for child birth. This is also a good position to further excite the woman by fondling her breasts and clitoris. You can also do this orally, by placing the vagina over the man's mouth while in this position. The good thing about this position is, that at the time of orgasm, the essences will pour into the man's mouth. While in genital orgasm, the woman must slide towards her partners mouth as soon as the Kalas begins to flow.

This sexual position is called by some as the Lilith position. As you will see why. Lilith was Adam's first wife in the Bible myths. She was created by God from the Earth as was man. Adam was hermaphrodite, by watching the animals in pairs, he also wanted to have a mate, so God formed Lilith from mud and gave her life. The biblical reference to Adam's hermaphroditism is, "So God created man in his own image; in the image of God he created him, Male and Female he created them". Adam was male and the female at the same time. Lilith from the beginning refused to place herself underneath Adam during intercourse. She preferred to be on top of him, stating that they were both

equal, why should she place herself below him. This caused major problems with Adam, who asked Lilith to be taken away from him. This God agreed to, but Lilith changed herself into a Spirit and escaped. Since that time Lilith visits sleeping men and women during the night, to induce in them erotic dreams and orgasms. God then took a rib form Adam, and made Eve, who was inferior to him, not being shaped from Earth. Eve was subjected to Adam, and they had offspring. Accepting the sexual position underneath the man Eve renounced so to the maximum female orgasm, so the gland and conduct began then to atrophic. Lilith, instead, will be forever the symbol of the woman that doesn't submit to nobody. The natural female instinctual and hungry

Other practices of **KALAS** are called Vajroli Mudra. There are several practices in Vajroli Mudra, they includes:, the man ejaculates the semen inside his mate's vagina and then reabsorbs it by the urethra, when mixed with vaginal secretions or her menstrual blood. In this case it is mingled already, not only one but two substance, his and hers. In another technique, the man absorbs only blood or the vaginal secretions from the woman, unifying them inside his body with the semen that has not been ejaculated. These are VERY advanced techniques generally only done by experienced Yogis, because the Kalas is absorbed by the genitals. There are other techniques in which the Kalas consisting of semen, vaginal secretions, or semen and menstrual blood are mixed in the vagina and drunk by one or both practitioners. This constitutes techniques of oral Tantric absorption. The **OUROBOROS**, or serpent biting her tail, is the symbolic representational of a sexual posture in which each partner absorbs orally the genital Kalas from the other. This position was greatly preferred by the strange magician Aleiter Crowley, to whom semen was the

bread and blood and the wine. The techniques continue, obtaining different results and properties according to the Kalas used and how it was used. Whether this be orally or genitally, and by one or both partners, and whether it is alone or mixed with other Kalas, etc.

ANTAGONISTIC PRINCIPLES

The average man is overwhelmed by alternatives and antagonistic pairs which are constantly fracturing him. These opposites have a psychic, social and biological nature. The beliefs of good and evil, the opposition individual society (or instinct society), the remarkably different brain hemispheres, the sexual states of tension and relaxation, etc. As you can see, the dual and dialectical human behavior is caused by biological reasons as well as psychic and social ones. Whenever an ordinary human being wishes to do something, he will have to choose one and only one among each dialectical pair resented to him. Such is the present state of man. He is torn between unrecognizable oppositions. In politics, in love, in sports, in religion, and in philosophy. Wherever we may turn our gaze, we will find pairs of opposites wrestling between themselves.

Even so called "EVIL" or unsociability possesses a neuralgic origin in man. Paul Maclean, a scientist, investigated the contradictory activities of different areas of the brain. He called his finding the "THEORY OF THREE BRAINS" or "THEORY OF THE TRIUNE BRAIN". According to him, there are three brains in one brain. This is where the primary instincts of sex and

conservation lie. It is the part of the brain without affection, without feelings of guilt. It is where instinctive, cold, selfish come from. Some ancient reptiles were said to possess a third eye on the top of their cranium. The Kundalini serpent constitutes a universal reptilian symbol. The second brain envelopes the first, it is the limbic system or paleomamalian brain. This is where we get intuition, affections, emotions, sociability and all the characteristics related with our development as mammals come from. Both brains are enveloped at the same time by the enormous neocortex or neomammalian brain, where intelligence and reasoning lie. This is the third and last brain. These three brains interact among themselves, but frequently they lack agreement in their intentions, functioning independently one from the other, with the conflicts arising from it. Such as in the case of that person who can not make up his mind, for he sexually desires somebody, loves somebody else, yet it is convenient for him to marry a third person.

ABRAXAS

For psychic and biological synthesis to be possible, it is necessary not to deny one of the opposed poles, but, on the contrary, at accept them, admitting and incorporating to our consciousness the contradiction. With the practice of Tantra and Kundalini yoga, the synthesis will happen, even without seeking it directly. A dialectical change is produced so, a change from quantity to quality is formed. A bridge between all our antagonistic psychic and biological pairs is set up. Our activities and consciousness center changes it place and the whole organism and mind enter at an own new rhythm. Such a

synthesis constitutes the true and unique mutation, which is symbolized by the hermaphrodite we have been speaking about and by the God Abraxas.

Abraxas, the supreme God of Gnostics, Is a forgotten God by most men. Abraxas is the God whom has light and darkness in him. He is good and evil, and they are linked together and transcended. Abraxas is God and Satan, he contains all. He is the union of all opposites, the supreme synthesis. Abraxas regards moral matters as irrelevant and he is above dual categories of good and evil. He symbolizes the goal and the profound challenge of man, and he is in addition the representation of those who have transcended and overcome their oppositions.

ETHICS

Good and evil are relative. For some people it is good to help the suffering, yet to others it is not. Since it is not your job to change their future. Many times it is hard to choose.

The exact meaning of good and evil is sometimes hard to understand. While there are universal truths of good and evil, there is many in between actions too. What is true today, may not be true in the future. Christianity started out with "Love thou neighbor" and ended up by torturing and burning people at the stake. Even today religion is the major cause of war. The Russian rebellion was intended to free society of classes that kept them enslaved, yet it only brought more enslavement. The Gods of the past are now today's Satan's

and Lucifer's. Things may seem as good now, only to be evil in the future. Does this mean that they were evil all the time? Or is it that good and evil change all the time? I hope you now see the problem with the good and evil out look.

This does not mean you can do what ever you choose. It does mean that each person must seek their own way in life. Do not let yourself be controlled by a society or religion. Seek the truth for yourself, because there is a truth in life. There is a road to answer of good and evil, but you must find it yourself.

In terms of Tantric ethics, what is called good and evil are only different manifestations of the activity of the Cosmos, which can contradictory but never evil in itself. "All in the way we think it is", is what Tantra states. Whatever an adept of Tantra may do, it is beyond good and evil. It is legitimate for him to leave aside the flock's moral in order to reach perfection as soon as possible. A dialogue between a master and his applicant to disciple will illustrate this ethical position better.

Master ---- Would you lie?
Student ----- I would never lie?
Master ----- Then, go away and return when you can.

The same seems to be true with the Judas and Christ myth. Judas was Christ's best disciple, for only the best was capable of representing the hardest and most terrible role..

CONCLUSION

Man in ancient times was always a nomadic hunter. It was not until many years did he become sedentary and dedicated to agriculture and the raising of animals. Basically, man is still a hunter, an animal of prey who longs for hunting, loneliness, adventure and conquest. Such a being, if shut away and domesticated, is annihilated; his cosmic essence is wiped out. He fattens, drags along and masturbates himself.

For a hunter, renouncement does not exist. He finds freedom in his interior loneliness. Not in ordinary loneliness, but in the superior one, "The most lonely of all loneliness", the cold and terrifying loneliness of the superman. Only in this being, a furtive hunter in the adventure if existence, will Kundalini "The sun that shines brighter than a thousand suns", be capable of manifesting himself.

I have given you much to think about here. Much of this will take some study to understand, and even more to put to use. I can assure you that it does work. If you follow this path you will gain all kinds of amazing powers, but it is not for the soft of heart or mind.

I recommend that you also get my tape that is now available with this book and that you read **SEXUAL SORCERY**, even more details on sexual practices that will give you power.

I also welcome any questions or comments you may have on this book or any other of my works. Please enclose a SASE for a reply......

GO IN THE PATH OF LIGHT, AND FOLLOW ONLY TRUTH..........